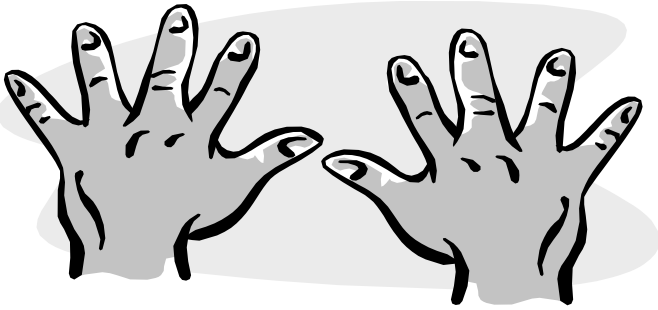


FINGERPLAYS

- *For ages 3 - 6*
- *Children are seated.*
- *Follow actions with hands as rhymes indicate.*



My Hands

My hands upon my head I place,
On my shoulders, on my face;
On my hips I place them, so.
Now I raise them up so high,
Make my fingers fairly fly.
Now I clap them, one, two, three,
Then I fold them silently.

Storytime

Sometimes my hands are at my side.
And then behind my back they hide.
Sometimes I wiggle my fingers so.
Shake them fast.
Shake them slow.
Sometimes my hands go clap clap clap.
And then I rest them in my lap.
And they're as quiet as quiet can be.
Because it's storytime you see.

Open Them, Shut Them (adapted by Rose Anne St. Romain)

Open them, shut them
Open them, shut them.
Let your hands clap.
Open them, shut them.
Open them, shut them.
Drop them in your lap.

Walk them, walk them.
Walk them, walk them.
Way up to your chin.
Open up your mouth,
But don't let them walk in!
(Hands behind back!)

Open them, shut them.
Open them, shut them.
To your shoulders fly.
Let them like the little birds,
Fly up in the sky.

Falling, falling.
Falling, falling.
Almost to the ground.
Quickly raise your fingers up
And twirl them round and round and go
"bluluhluhluhluh!" (flick tongue over lips
while shaking hands above head)

Open them, shut them.
Open them, shut them.
Let your hands clap.
Open them, shut them.
Open them, shut them.
Drop them in your lap.
And keep them in your lap.



ACTION RHYMES

- For ages 3 - 6
- Children are standing
- Follow actions as rhyme indicates



Reach Up High

by Rose Anne St. Romain

Reach up high and touch the sky
Reach down low and touch your toes
Touch your knees
Touch your thighs
Touch your elbows
Now your eyes
Shake one foot
Now the other
Wave one hand
Say "Hi" to each other (*"Hi, there!"*)

Reach up high and touch the sky
Reach down low and touch your toes
Touch your knees
Touch your thighs
Touch your elbows
Now your eyes
Shake one foot
Now the other
Wave one hand
Say "Hi" to each other (*"Hi, there!"*)

Reach up high and touch the sky
Reach down low and touch your toes
Touch your knees
Touch your thighs
Touch your elbows
Now your eyes
Clap three times
Turn slowly around
Take a deep breath in
And sit..... back.....down!

What I Can Do?

I can spin just like a top.
Look at me! Look at me!
I have feet and I can hop.
Look at me! Look at me!
I have hands and I can clap.
Look at me! Look at me!
I can lay then in my lap.
Look at me! Look at me.

(To extend the activity, you can ask,
"What else can your feet do?
How about your hands?" etc.)

